



THE SCHOOL DISTRICT OF
PALM BEACH COUNTY, FLORIDA

Dianne L. Howard
Director

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August 30, 2011
Bulletin # P-13980-CAO/CFO-RB

Contact Person:
Kim Sandmaier, Wellness Coordinator
Risk and Benefits Management
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Action By:
September 14, 2011

TO: All Principals

FROM: Judith Klinek 
Chief Academic Officer

Michael J. Burke 
Chief Financial Officer

SUBJECT: WELLNESS CHAMPION KICK-OFF IN SEPTEMBER


Is your school contributing to our wellness efforts? A Wellness Champion is a staff member with a commitment to health who serves as an ambassador for Employee Wellness. They volunteer to share wellness information, engage friends and colleagues to participate in programs and create excitement around leading a healthy lifestyle. Wellness Champions receive recognition, incentive prizes, professional development, and are eligible for a \$500 honorarium. We currently have 119 schools participating. We want YOU!

For a Wellness Program to be successful we need individuals like you to embrace and recognize the value and importance wellness plays in each of our lives. In order to have an effective Wellness Program, your chosen Wellness Champion will need your support. This may include allotting them time at staff meetings, allowing them time to distribute materials and information to teachers and support staff, and providing meeting rooms as available if needed. Your support and promotion will make a huge difference in the staff participation and perception of the program.

Please designate a representative from your school who is willing and excited to serve as a Wellness Champion. Please send the name of your school's Wellness Champion, their email address, and telephone number via email to Kimberly.Sandmaier@palmbeachschools.org by **September 14, 2011**. Wellness Champions will be invited to participate in a kick-off meeting on Thursday, September 22, which will be held in the Board Room at FHESC. We are excited about the opportunity to promote wellness and partner with you this school year. Thank you for considering this opportunity. We appreciate your support of the employee Wellness Program and look forward to working with you!

If you have any additional questions, please contact Kim Sandmaier, Wellness Coordinator at 561-434-8044 or Donna Winter, Assistant Wellness Coordinator at 561-649-6826.

WFM/JK/MB/DLH/KBS

Approved: 
William F. Malone, Superintendent